



**2023**

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## **WRIST ARTHROSCOPY AND WRIST SURGERY**

**BASIC COURSE**

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**DATE**

**October 20 - 21**

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## IRCAD AFRICA: THE AFRICAN CENTER OF EXCELLENCE IN MINIMALLY INVASIVE SURGERY

IRCAD Africa is thrilled to be launching its hands-on trainings in minimally invasive surgery in 2023.

The Institute looks forward to receiving trainees from around the continent as well as other corners of the globe.

The center is proud to feature state-of-the-art, fully equipped facilities, including an advanced surgical laboratory and an auditorium. These cutting-edge facilities are equipped with modern technology, such as high-definition imaging systems, to provide realistic and immersive training experiences.

IRCAD Africa provides comprehensive training programs that encompass various surgical specialties. These programs are specifically designed to offer surgeons hands-on training, theoretical knowledge, and practical experience.

In addition to its carefully designed training programs, IRCAD leading experts in the field of minimally invasive surgery serve as faculty members and trainers. These world-renowned experts bring their extensive experience and knowledge to the training programs, ensuring that participants receive top-quality education and mentorship.

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### COURSE CANCELLATION POLICY

If you wish to cancel or postpone your registration, please inform us via email at [courses@ircad.africa](mailto:courses@ircad.africa)

Any cancellation or postponement of a course must be received at least 8 weeks prior to the start of the course.

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# INTERNATIONAL FACULTY OF EXPERTS

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## COURSE SUPERVISORS

C. Mathoulin (FR)

L. Dusingizimana Rutayisire (RW)

## COURSE DIRECTORS

A. Chin (FR)

A. Smit (ZA)

M. Wells (ZA)

## INVITED FACULTY

A. Arnaout (FR)

M. Bouloudhnine (AE)

I. B. Özcelik (TR)

E.-M. Baur (DE)

L. Merlini (FR)

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YOU CAN EITHER  
REGISTER ONLINE FOR  
IRCAD COURSES AT  
[WWW.IRCAD.AFRICA](http://WWW.IRCAD.AFRICA)

or scan this QR code to directly  
register for this course.



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# OCTOBER 20

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## WRIST ARTHROSCOPY & WRIST SURGERY - BASIC COURSE

8:00 **am** ◦ WELCOMING OF THE PARTICIPANTS

8:30 **am** ◦ **THEORETICAL SESSION 1**

- > Wrist arthroscopic anatomy
- > Principles of wrist arthroscopy
- > Technique and portals
- > Indications-complications

9:45 **am** ◦ **HANDS-ON SESSION 1**

Exploration of normal wrist joint, radiocarpal and midcarpal  
Removal of foreign body, Synovectomy

- > Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching.

12:30 **pm** ◦ LUNCH AT THE INSTITUTE

1:30 **pm** ◦ **THEORETICAL SESSION 2**

- > Removal of dorsal ganglion
- > Styloidectomy
- > Distal resection of the ulna
- > Principles of TFCC repair

2:30 **pm** ◦ **HANDS-ON SESSION 2**

Removal of wrist ganglion, Styloidectomy,  
Peripheral TFCC repair  
Distal resection of the ulna

- > Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching.

5:30 **pm** ◦ END OF SESSION  
EVENING FREE

7:30 **pm** ◦ DINNER IN HONOR OF THE PARTICIPANTS

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# OCTOBER 21

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## WRIST ARTHROSCOPY & WRIST SURGERY - BASIC COURSE

8:00 **am** ◦ EVALUATION OF THE PREVIOUS DAY

8:30 **am** ◦ **THEORETICAL SESSION 3**

- > Scapholunate tear dissociation: up-to-date
- > Scaphoid fracture open procedure
- > Scaphoid fracture arthroscopic procedure

9:45 **am** ◦ **HANDS-ON SESSION 3**

Scaphoid fracture

Scapholunate tears open and arthroscopic techniques

- > Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching.

12:30 **pm** ◦ LUNCH AT THE INSTITUTE

1:45 **pm** ◦ **THEORETICAL SESSION 4**

- > Distal radius fracture: open procedure
- > Distal radius fracture: complication, mal-union
- > Scaphoid non-union: up-to-date
- > Arthroscopic bone fusion

2:45 **pm** ◦ **HANDS-ON SESSION 4**

Scaphoid non-union

Bone fusion, lunate bone ganglion

- > Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching.

5:00 **pm** ◦ END OF THE COURSE

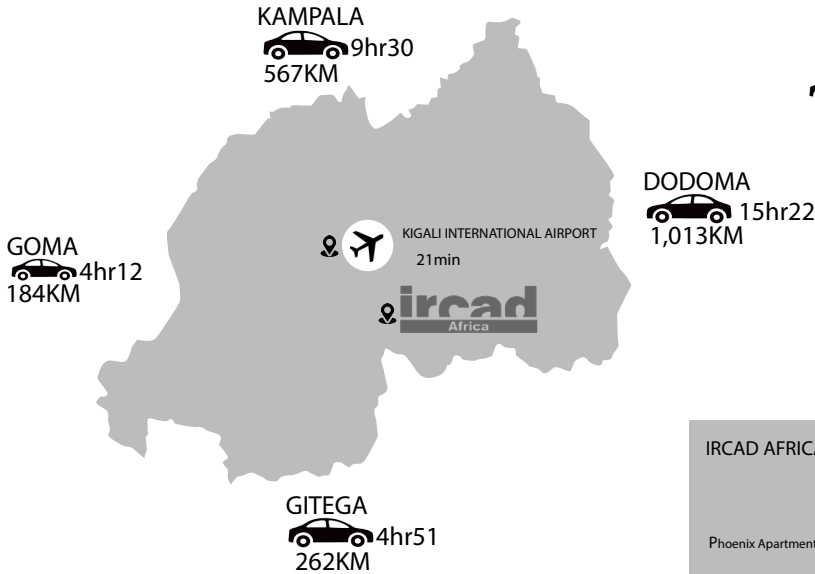
DELIVERY OF CERTIFICATES OF ATTENDANCE

ENGLISH-SPEAKING COURSE / LIMITED TO 30 PARTICIPANTS

Zip code ..... City ..... Country .....

# HOW TO GET TO IRCAD

GETTING TO THE INSTITUTE COULDN'T BE EASIER



## IRCAD AFRICA PARTNER HOTELS

Phoenix Apartment	15min (9.4KM)
EBENEZER Hotel Apartment	26min (14KM)
Five to Five Hotel	26min (14KM)

Phoenix Apartment



MORE INFORMATION ON:  
[PHOENIXAPARTMENT.RW](https://phoenixapartment.rw)

*or scan this QR Code for more informations*

Ebenezer Hotel Apartment



MORE INFORMATION ON:  
[EBENEZERHOTELAPARTMENTS.COM](https://ebenezerhotelapartments.com)

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Five to Five Hotel



MORE INFORMATION ON:  
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**+5,000**

AUTHORS  
**+3,000**

LANGUAGES  
**7**

WebSurg is the **charge-free** online university of the IRCAD, specialized in **minimally invasive surgery** and created by surgeons for surgeons. It has become the international online reference for surgical training in minimally invasive surgery with more than **500,000 members** worldwide and more than **5,000 videos** available in 10 different specialities.

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**ircad**  
Africa

Alliance Tower(BPR): 2 KN 30 ST, 6th floor Kigali-RWANDA

+250 781 208 393

[info@ircad.africa](mailto:info@ircad.africa)

[www.ircad.africa](http://www.ircad.africa)

